



# Workplace Bullying International Specialists Event

**October 18, 2023 Hosted by Ireland!**



**Wednesday 18th October 2023**

**Ireland 4pm (IST)**  
**(Irish Standard Time)**

**Opening Speaker: Linda Crockett CIWB, (Canada)**

**Panel of Book Authors - Guest: Dr Tony Humphreys**

**Panel of Academic Researchers - [www.borg.ie](http://www.borg.ie)**





# The Canadian Institute of Workplace Bullying Resources

Started the International  
Workplace Bullying Awareness  
Week 2017

#Awarenessendsbullying



# Leadership in Workplace Health & Wellbeing

## Ireland's joins the International Workplace Bullying Awareness Week

2019- 2023

*Judy Carmody*



#Awarenessendsbullying





# Guest Speaker - Dr. Tony Humphreys

**Dr. Tony Humphreys is a Consultant Clinical Psychologist, Author and National and International Speaker.**

**Tony began his career as a Clinical Psychologist in State Psychiatric and Psychological Services in England and Ireland and since 1990 has been working in private practice in Ireland.**

**He works with individuals, couples, families, schools, local communities and the business community. He is the Director of three National University of Ireland courses which are run in University College Cork and in an outreach centre in Dublin.**

**Dr. Tony Humphreys is Co-Founder of The Irish Association of Relationship Mentors and a Member of Psychological Society of Ireland (PSI), IARM.**

**<https://www.tonyhumphreys.ie>**







# International Authors



**Workplace Bullying Awareness Week 2023**



# Our Panel of Authors



**Dr Tony Humphreys**

**Linda Crockett**

**Judith Carmody**

**Maryann Kerr**

**Dr. Jen Fraser**

**Thays Cristina**

**Dr Jerry Carbo**

**Dr. Gloria A. Chance**

**Dr. Jeff Riggerbach**

**Dr. Leah P. Hollis**

**Dorothy Suskind**

**Dawn Marie**

**Westmoreland**

**Creating Psychological Safety, Ireland**

**Injuries and impact on the employee and their families. Canada**

**Interpersonal Wellbeing - Self Leadership. Ireland**

**Co-Create, collaborative cultures, developing leaders. Canada**

**Bullied Brain Rewire Refire. BC, Canada**

**Psychopath, The Evil Spectrum. Brazil**

**Dignity at Work is a Safety Issue. PA, USA**

**Leadership Development & Peak Performance LA, USA**

**The Secret to Understanding All Human Behavior, OK, USA**

**HR Perspectives on Workplace Bullying in Higher Education, US**

**Lifeline for Targets of Workplace Abuse . VA, USA**

**Safe & Civil Workplaces. NC, USA**

**Facilitators : Professor Patricia Mannix McNamara, Head of School of Education, | Faculty of Education and Health Sciences | & Niamh Hickey University Teacher in Educational Leadership | University of Limerick | Ireland**



# Academic Researchers

## Behaviour in Organisations Research Group



**Founders: : Professor Patricia Mannix McNamara, Head of School of Education | Faculty of Education and Health Sciences University of Limerick | Ireland | Professor Margaret Hodgins, National University of Ireland, Galway & Niamh Hickey University Teacher in Educational Leadership | University of Limerick | Ireland**

**The aim of our work is to provide a platform for research and professional development that is driven by a positive and holistic agenda.**

<https://borg.ie>





# **The Mission of Workplace Workplace Bullying Awareness Week**

**Our mission for this International Awareness Week is to promote psychologically safe workplaces for all people. This is a worldwide issue and there is nothing more powerful than a worldwide voice to make this change and produce solutions. Linda Crockett**

**Go here for more information**

**<https://instituteofworkplacebullyingresources.ca/workplace-bullying-awareness-week/>**

# Definition

**"Violence and Harassment" in the world of work**

**Convention C190 - Violence & Harassment (2019) (No.190)**

**The term "violence and harassment" in the world of work refers to a range of unacceptable behaviours and practices, or threats thereof, whether a single occurrence or repeated, that aim at, result in, or are likely to result in physical, psychological, sexual or economic harm, and includes gender-based violence and harassment.**

**(ilo.org)**

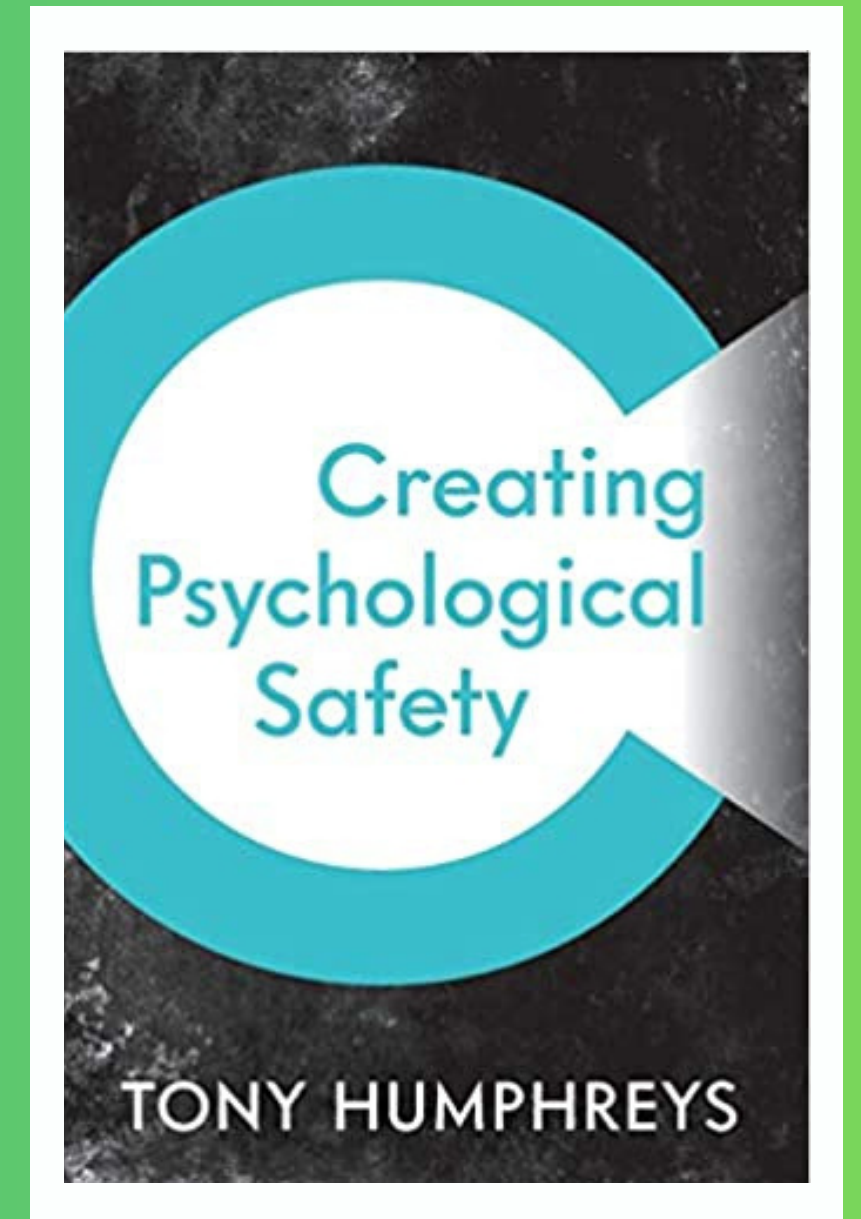
**C190 will be ratified in Ireland January 2024**



# Dr. Tony Humphreys

**Consultant Clinical Psychologist**

- **From Fearful to Fearless**
- **The Sources of Human Suffering are found in each Person's Story**
- **Creating Fearless and inclusive Relationships**

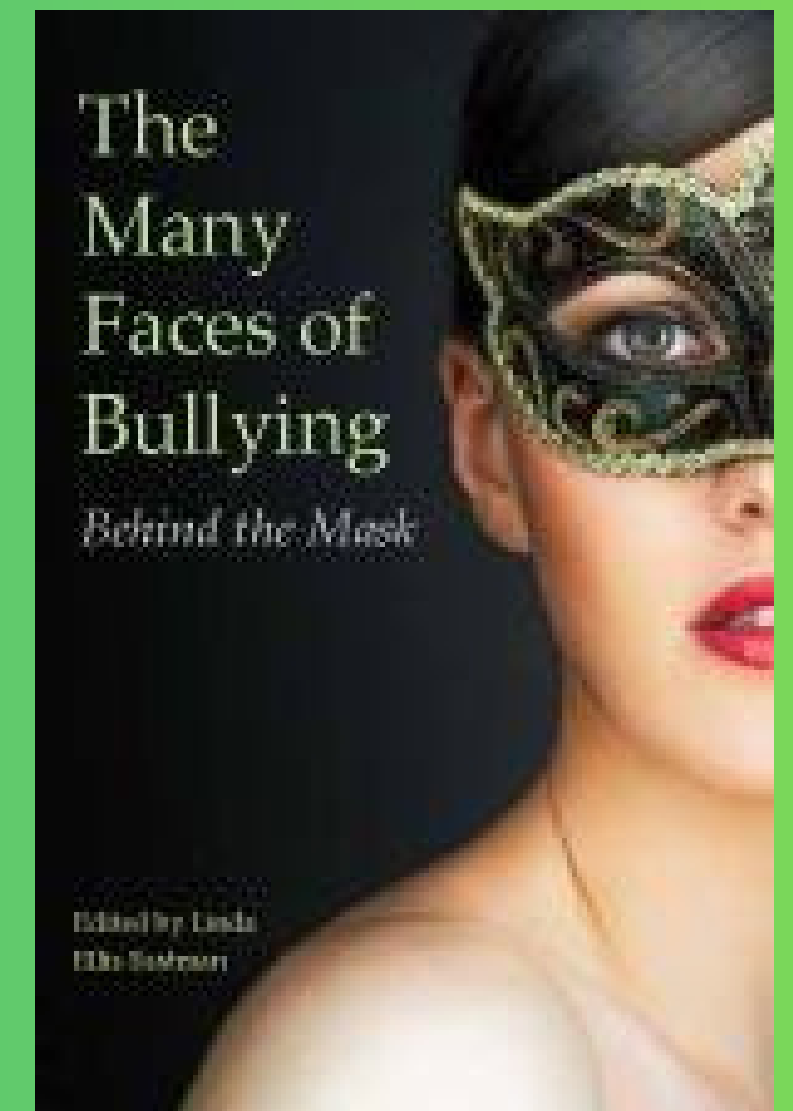


<https://www.tonyhumphreys.ie>

# Linda Crockett MSW, RSW, SEP, CCPA

**Consultant, Trauma Therapist,  
Advocate, Trainer, Investigator, and Author**

- **The Injuries of Workplace Bullying**
- **Institutional Betrayal and Secondary Harm**
- **Solutions**



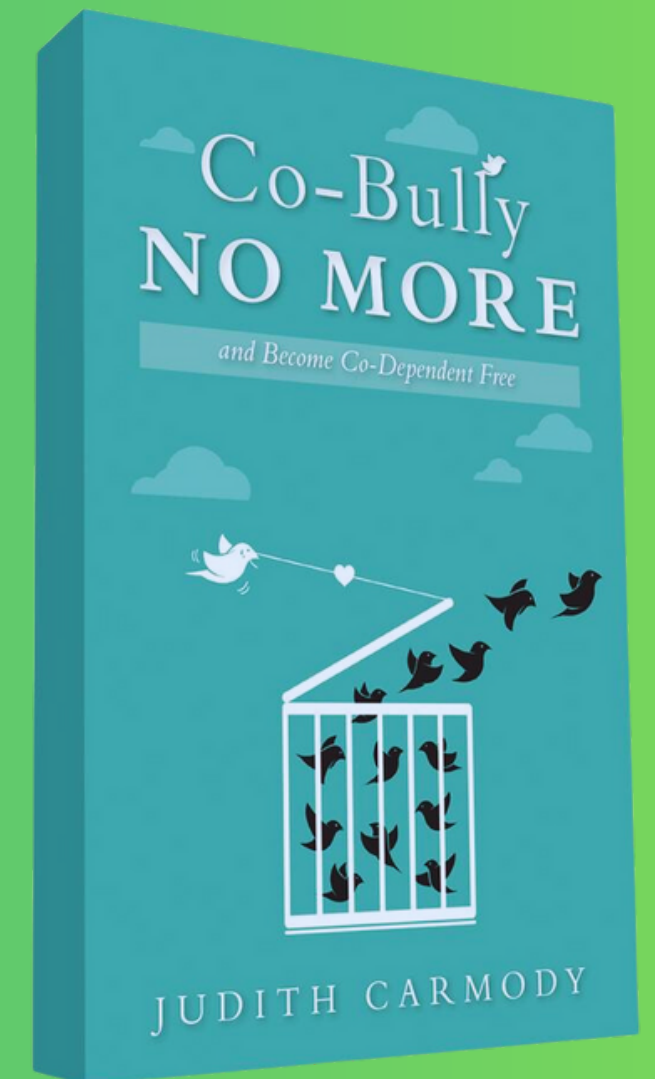
<https://instituteofworkplacebullyingresources.com>



# Judith Carmody CPA, PGD

## Leadership in Workplace Health & Wellbeing

- **Intrapersonal Wellbeing**
- **Interpersonal Wellbeing**
- **The Power of Self Leadership**



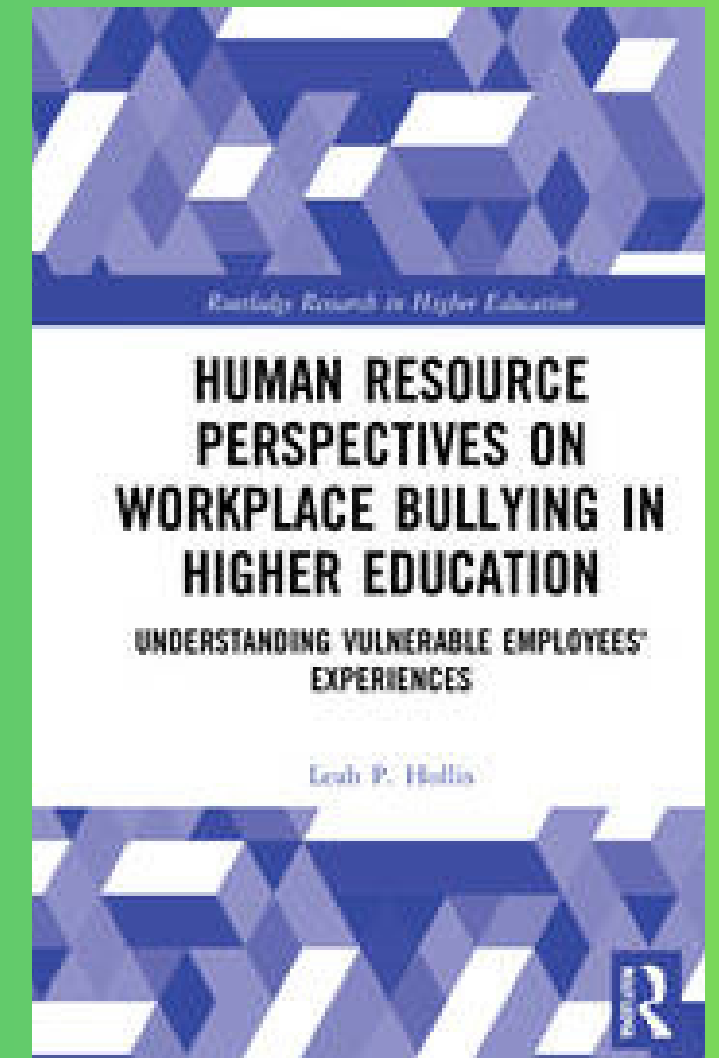
<https://www.judithcarmody.com>

# Dr. Leah P. Hollis

**Award Winner -**

**American Educational Research Association**

- **HR Perspectives on Workplace Bullying in Higher Education**
- **Leadership in Social Justice**
- **Enhance Workplace Diversity**



<https://www.diversitytrainingconsultants.com>



# Maryann Kerr, MA

**CEO, The Medalist Group - Leadership**

➤ **Let's rethink, reimagine and  
co-create a new Social impact sector**

➤ **Culture**

➤ **Governance**



<https://www.tarnished.ca>

# Dr. Jerry Carbo

**President of the National Workplace Bullying Coalition, USA. Prof. of Labour Relations**

- **Assuring Dignity at Work**
- **Solutions to Workplace Bullying**
- **Understanding Workplace Bullying**



<https://www.workplacebullyingcoalition.org>



# Dr. Gloria A. Chance

**Peak Performance Psychologist/CIO**

**Founder/CEO of the Mousai Group**

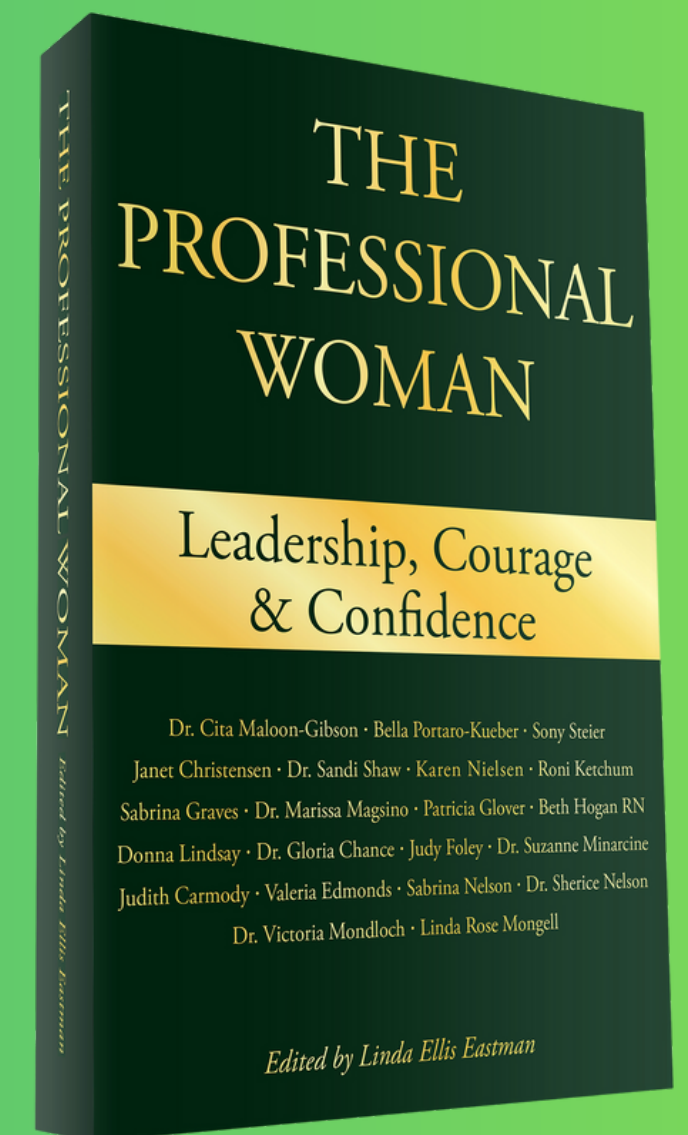
➤ **Social Impact/Peak Performance**

➤ **Power of the Creative Mind**

➤ **Soft Skills : The New Hard Skills**



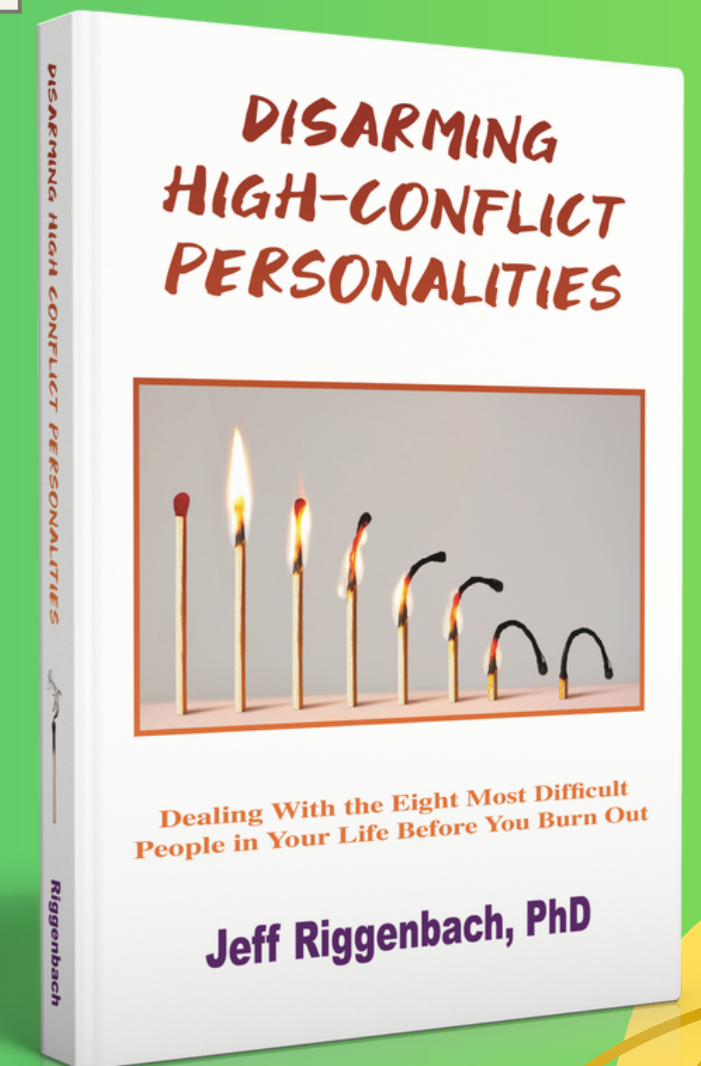
<https://www.themousaigroup.com>



# Jeff Rigggenbach , PhD

## Disarming High Conflict Personalities

- The Secret to Understanding Human Behavior
- Dealing with Difficult People
- Preventing Workplace Burnout



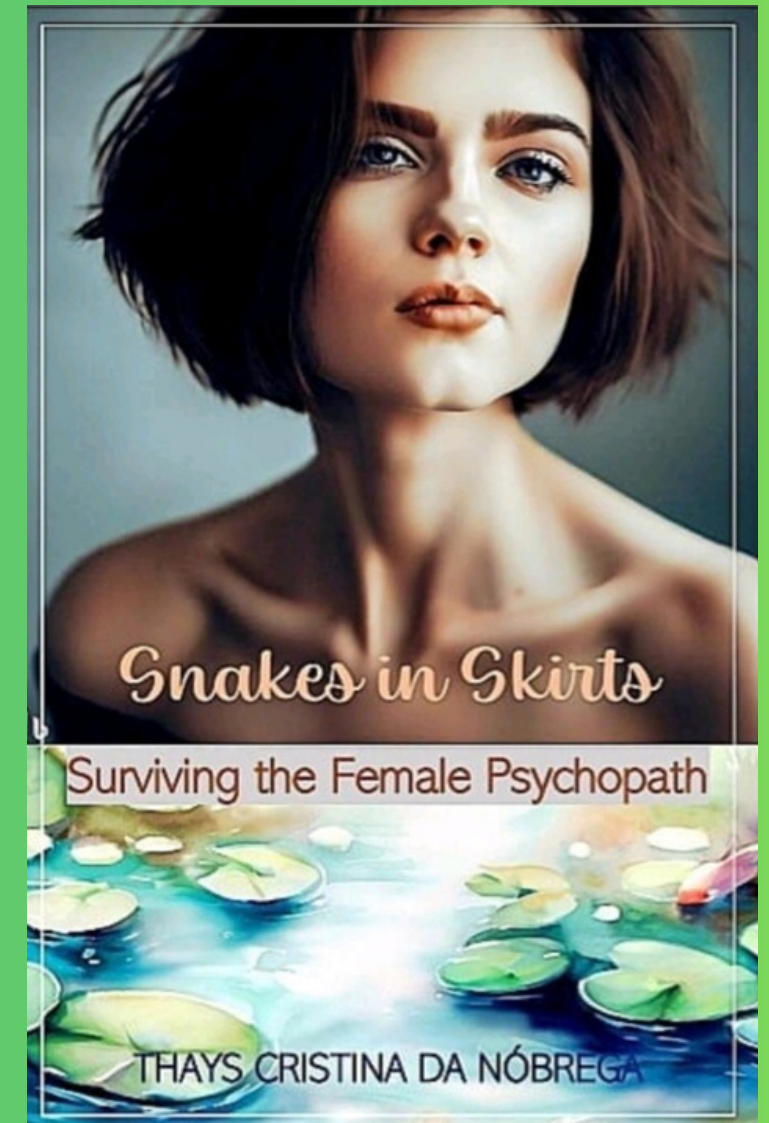
<https://www.jeffriggenbach.com>



# THAYS CRISTINA DA NÓBREGA CUNHA, MBA

**Psychoanalysis, Neuroscience & Applied Psychology Specialist**

- **Gain Self Awareness - Protect yourself from Toxic Relationships**
- **Learn how to recognise Psychopaths**
- **Read about Psychopaths methods and personal characteristics**

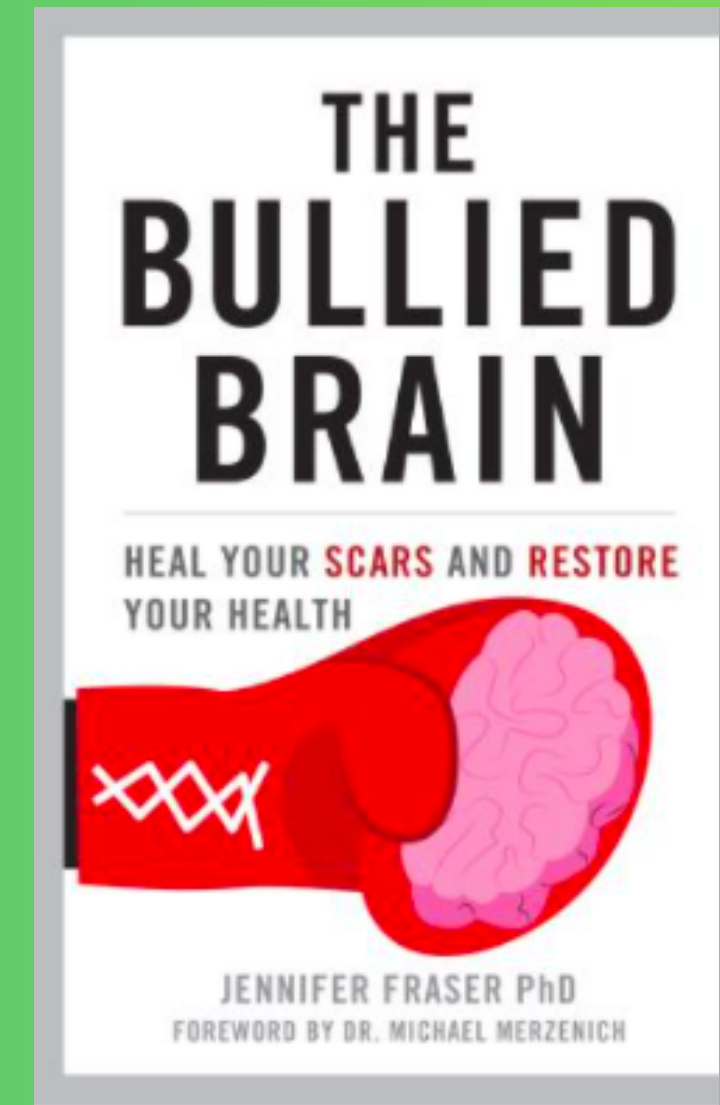


<https://thays.sellfy.store/>

# Jennifer Fraser, PhD

**Founder of the Bullied Brain, Author & Consultant**

- **Heal Your Scars and Restore Your Health**
- **The Bullied Brain is scientifically the most thorough treatment of the subject on planet Earth (Dr. Michael Merzenich 2022)**
- **Brings Brain Health and Safety in Schools and Workplaces**



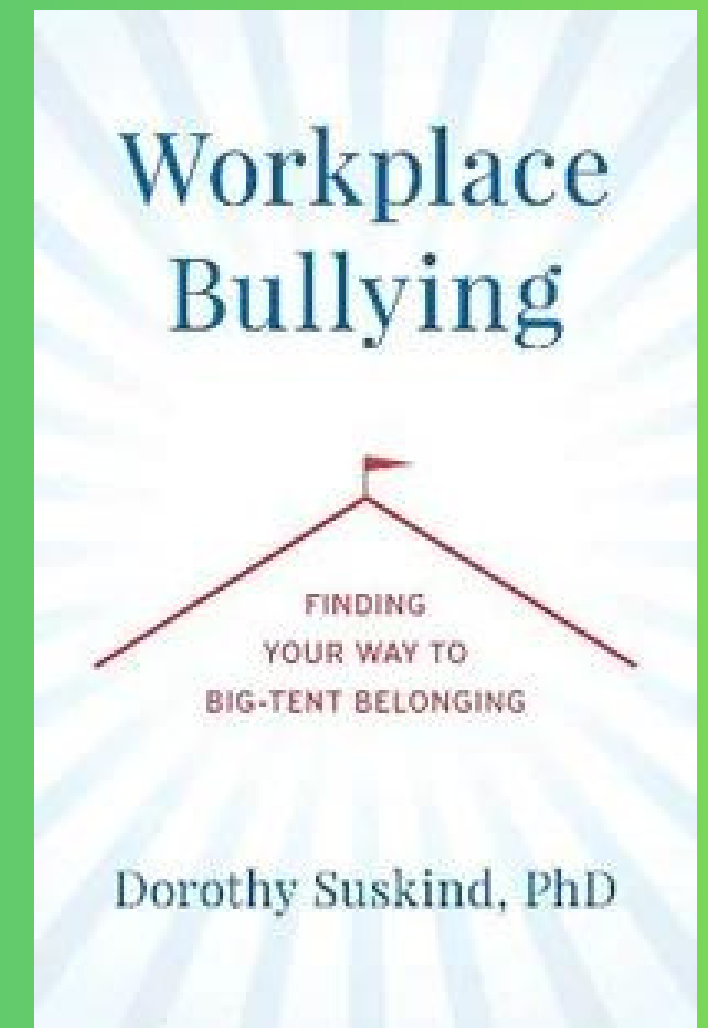
<https://www.bulliedbrain.com>



# Dorothy Suskind, PhD

**Assistant Professor, Author, Coach**

- **Exploring the impact of workplace bullying on Belonging**
- **Crafting an Inclusive and Creative Culture**
- **Storytelling & the Arts to help Survivors Reclaim their Story**

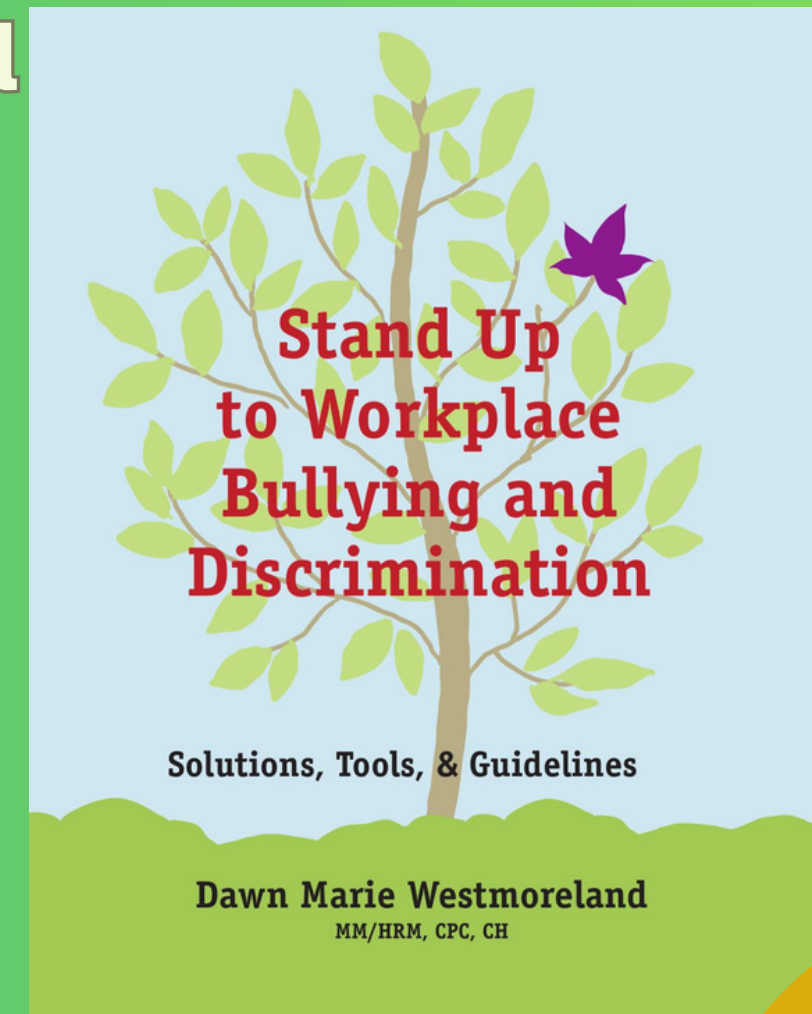


<https://www.dorothysuskind.com>

# Dawn Marie Westmoreland

**MM/HRM, CPC, CH**

- **I have never met a Whistleblower who did not pay a high price for exposing illegal activities or prohibited personnel actions of a company**
- **We all need psychological safety in the workplace where we feel safe, accepted and even respected.**
- **Even strong people can use a little help when dealing with workplace issues.**



<https://www.workplacebullyingsupport.com>



# Vision

**Influence People Positively, Empower, Collaborate, Co-Create and Inspire a Culture of Psychological Safety and Wellbeing**

# Values

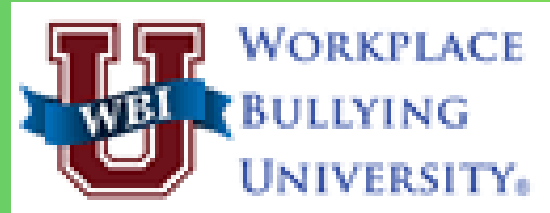
**Ethos of Care, Compassion, Empathy, Integrity & Respect**

# Aim

**Connect, Inspire, Belong**

# Brief History of Workplace Bullying Awareness Week

Dr. Gary Namie of the Workplace Bullying Institute in the United States started this week of events many years ago. His event is called **Freedom from Workplace Bullying Week**. This is something we would like 365 days of the year, so let's build awareness and make that happen.



Linda Crockett, founder of the **Canadian Institute of Workplace Bullying Resources**, joined Gary on his week in 2013 approx. She named her event, Workplace Bullying Awareness Week. About 4 years ago, Linda invited other countries to join, and it is working! We now have numerous countries from around the world, joining together and building a worldwide voice promoting psychological safety in all workplaces.



Judith Carmody joined this powerful global event representing Ireland in 2019. Judith has been a **trail blazer in Ireland** building safety awareness and empowering workers.



**Worldwide Advocacy for Psychological Safety in all Workplaces**